M5 354 Times









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FOR MORE INFORMATION PLEASE VISIT OUR WEBSITE OR CALL US MS354.COM, 718-774-0362





NYS MATH TEST

INCOMING GRADE 6 FAMILY DAY (CLASS OF 2027)





PTC SPRING FEST





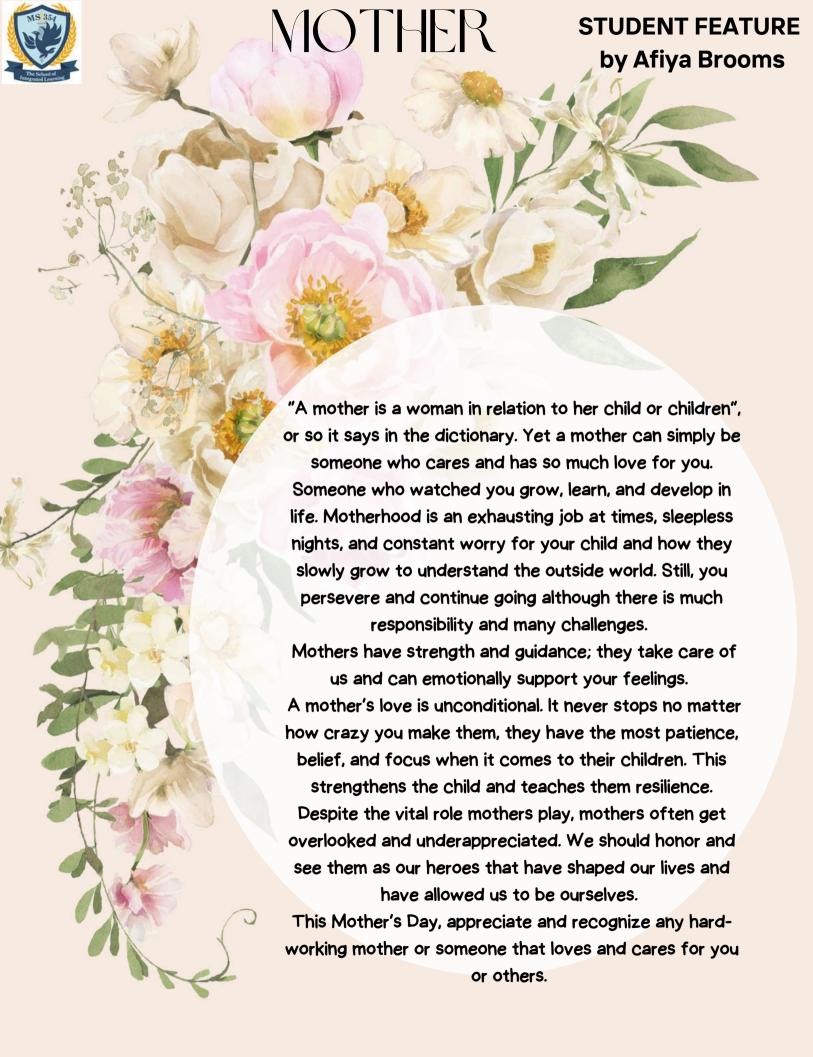


PANTRY

WED MAY 22, 9:00 AM - 10:00 AM SAT MAY 25, 10:00 AM - 12:00 PM

PTA MEETING THU 23





FEATURE STORY

to Grow Food at MS 354





Establishing healty habits in children is important, and that includes teaching them to eat plenty of fruits and vegetables.

One of the best ways to get kids interested in healthy foods and to teach them more about the nutritional benefits of plant-based eating is to start a garden and grow your own produce.



Students learn the basics of how to grow crops at MS 354. This knowledge reduces the divide between farm and table and enhances food security, as well as teaching studets basic survival skills.

We believe that gardening teaches children responsibility and pride in their work. Putting a seed in the ground and dong all of the hard work to receive the literal fruits of their labor, will have a lasting impact on young minds.



We have a hydrophonics lab at MS 354. Hydrophonics is a technique of growing plants using a water-based nutrient solution rather than By teaching students where their food is coming from and encouraging good eating habits early on in life, our students will understand the importance of nutrition and nurishing their body.











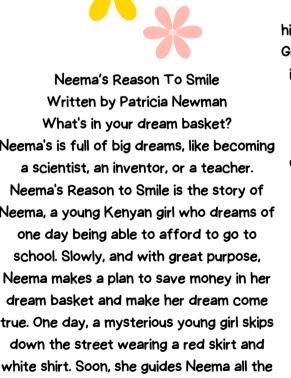
Written by Donna W. Earnhardt Illustrated by Andrea Castellani

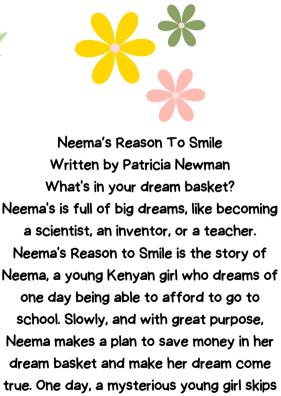


Being Frank

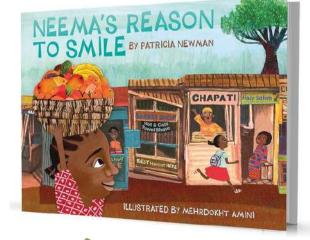
Written by Donna W Earnhardt

Frank follows the motto, "Honesty is the best policy." He tells the truth, the whole truth, and nothing but the truth. Frank never lies to his schoolmates, he always tells the truth to adults, and he's always honest with police officers. The balancing act of finding tact, that fine line between telling the truth and telling too much truth, is the main theme of this story, and it's very funny—although not necessarily to his friend Dotti whose freckles remind Frank of the Big Dipper, or to the teacher who hears that her breath smells like onions, or to the principal who is told that his toupee looks like a weasel. No one is quite as impressed with Frank's honesty as he thinks they should be. He is sweet and straightforward, and, well, very frank, but with everyone annoyed at him, Frank is now honestly unhappy. He decides to visit his confidante and pal, Grandpa Ernest, who has a history of frankness himself. With a few lessons from Grandpa, Frank begins to understand that the truth is important, but so is not being hurtful. With amusing characters and expressive artwork, this story tells the powerful message of finding the good in everything—a lesson that sends compassion and understanding to take the place of rudeness in the

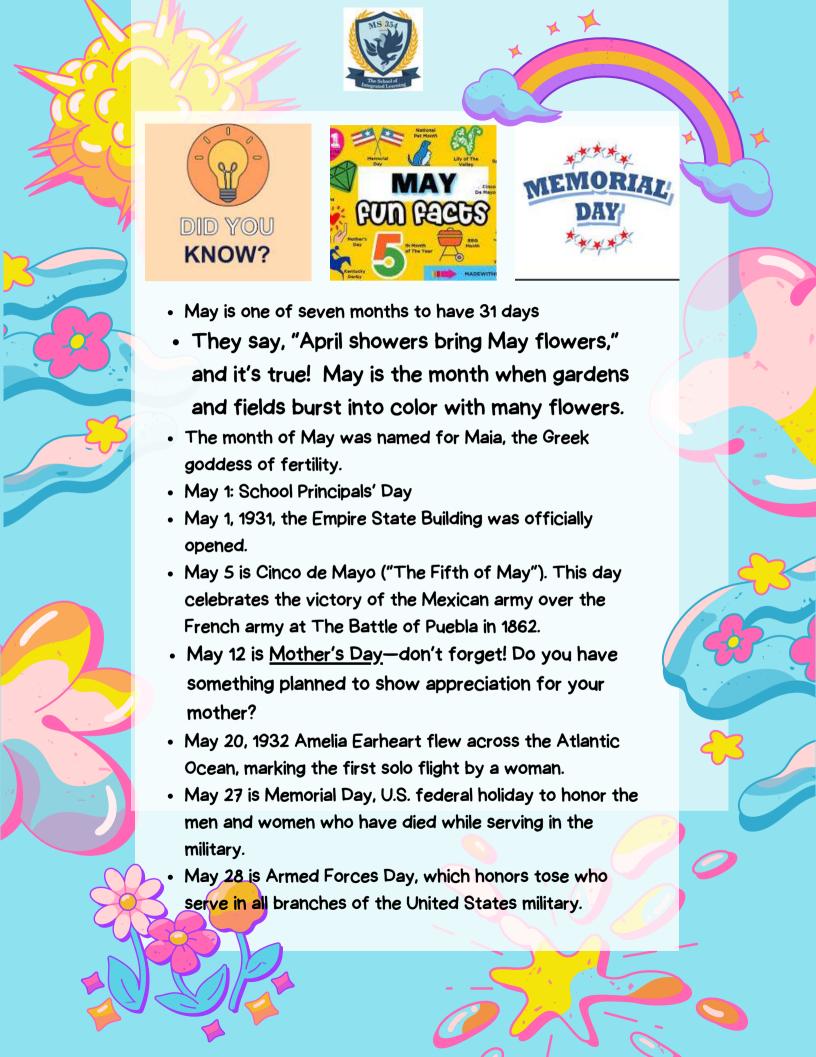




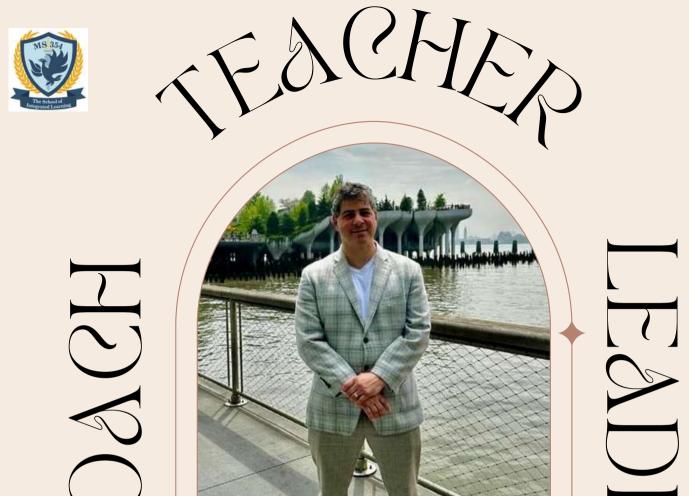
way to a new school.



complex concept of truth.



STAFF SPOTLIGHT MS 354



Lawrence Cassas

In our school community, there exists a special kind if teacher whose impact extends far beyond the classroom walls. This month, we pay tribute to one such individual - our esteemed Physical Education Teacher Lawrence Cassas.

With boundless energy, unwavering dedication, and a passion for promoting health and fitness, our PE teacher has inspired countless students to embrace an active lifestyle, nurture their physical well-being, and strive for excellence in all aspects of their lives.

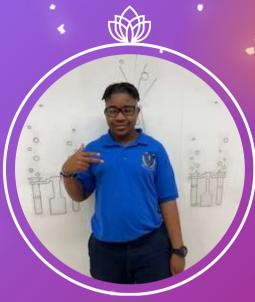
Mr Cassas has been a teacher for over 20 years.

Through engaging lessons, motivating workouts, and a commitment to fostering a love of movement and sports, Mr. Cassas has instilled in us the values of teamwork, perseverance, and sportsmanship. Under his guidance MS 354 has won countless championships.

Mr. Cassas has won the Nike Basketball Coach of the Year, U.S. Soccer Foundation Coach of the Year, and Flag Football Coach of the Year in NYC, just to name a few. Beyond the gymnasium or playing field, Mr. Cassas has been a mentor, a coach, and a source of encouragement for all who had the privilege of learning under his guidance.



Student Spotlight



Tristan Christophe

Grade 6

Interests:

I like to play the violin because I like music and it calms me down.

Favorite Subject(s):

I like Math and Science because I get to learn new things like ratios. In my old school things were not that clear but at MS 354 I found the light - I feel like I am understanding things better.

Future Career:

I would like to be an engineer. I like using my hands to build new things. I would like to create new technology, and/or modernize things.

Interests:

I like to draw because I think it is fun and a good way to express vourself.

Favorite Subject(s):

I like Math because of the sense of accomplishment that I get when I find the solutions to problems. I also like Art because it is fun and relaxing.

Future Career:

I would like to become an animator or have my own company or studio. I like media and movies and I would like to be part of creating these things.





Grade 8

Interests:

🚺 I like spending time with my family - We play fun board games.

Favorite Subject(s):

I like math because it is easy for me. My teacher Ms. Lecky really helps me to understand what she is teaching.

Future Career:

I would like to be an artist or a veterinarian, because I love animals.





Paren Corner

WHAT MATTERS MOST WHEN RAISING SELF-CONFIDENT KIDS

Being kind and respectful

Validating their experience

Showing them patience

Building **life skills** around the home

Understanding the long term power **of your words** and labels

Giving them lots of time to play and be in nature

Your unconditional love, no matter what





Self confidence protects kids because it avoid ego based issues and helps them treat themselves/others with kindness. A self confident child's happiness and success comes from GROWTH and becoming greater versions of who they are naturally.

Low self esteem leads to inferiority complexes that grow ego based issues instead.

Kids with low self esteem are easily offended, they speak quietly so other's don't hear and judge them, they bully because putting others down is how they try to feel good about themselves in comparison.

These kids feel ALONE and unable to grow in the ways they wish for themselves.

That's why confidence is the key to a happy and healthy future!!

To do that parents need to keep these things in mind:

You are the FIRST role model of what confidence looks like and means - step into your power!

Teach kids the importance of maintaining their body. NOt only because of things like health but things like good posture improve our confidence right away!

Remind kids that that their constants - people, places and comforts - will bring them back to feeling confident when they are feeling down.

Most importantly:

A parent's words become a child's mindset. They deeply impact how a child feels about themselves. As a child grows, they internalize the words they hear about themselves and others. Those words build up who they believe they are and what they think about the world. They learn that the world is a big box of tools that we can use to create a positive future for ourselves OR they learn that the world is small, scary and too complicated for them to make an impact in it.

Both things can equally become a child's reality and it's YOU, their PARENT, that have the BIGGEST influence over which will win.



Happy Birtholay

Grade 8
Alison G. 810 05/03
Kaydeon C. 804 05/16
Eddie H. 803 05/17
Isaiah C 803 05/31
Joharys D. 811 05/02
Trevis G. 811 05/02
Naitisha J 811 05/15
Justin T. 803 05/22
Iniyah P. 804 05/25
Kiley B. 804 05/26
Norlee E. 803 05/29

Grade 7
Trevon F. 704 05/09
Olivia M. 704 05/20
Janiaya F. 703 05/03

Jefferson S. 811 05/05

Grade 6
Kezarni F. 604 05/26
Kayla T. 611 05/16
Christian C. 611 05/23
Marquise D. 603 5/28

TALENT SPOTLIGHT





PANNIST



MIYAH STRONG

DRUMMER

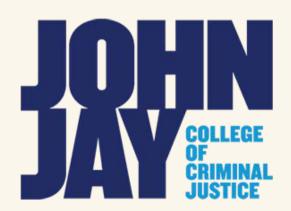


CARLITO BEAUVIL

CIS Corner



College awareness is thriving at M.S. 354. This month, our eighth grade classes will have the opportunity to tour the John Jay College and Brooklyn College campuses. The objective is to familiarize our students with different college environments and equip them with the necessary information to make informed decisions about their future education. We strongly believe that early college awareness is essential for the success of our students, and we are committed to providing them with the resources they need to achieve their goals.



Date:

Monday, May 13

Brooklyn College

Dates:

Friday, May 24 Thursday, May 30

For students to participate in these trips, parents or guardians must complete and return consent forms. Please keep an eye out for these forms and make sure they are returned in a timely manner.

CIS Corner

We are pleased to announce that on **Tuesday, May 21,** we will be rewarding the students who had perfect attendance for the month of April with an Empanada Day. We would like to take this opportunity to recognize the students listed below for their dedication and commitment to attending school every day and being on time.





Leadership skills allow children to have control of their lives and the ability to make things happen. Leadership instills confidence, and helps children solve problems creatively, work in a team, and work ollaboratively with others. Leadership gives children many opportunities to develop responsibility.

Leadership Sessions Goals:

Identify the core values and qualities of a good leader.

Identify aeas in their own lives where they can demonstrate

leadership.

Get inspired to take up leadership roles within their community school.

Understand the connection between leadership and entrepreneurship.

Helping our students to develop these character traits is why student leadership is very important at MS 354!



MAY THEMES





MENTAL HEALTH AWARENESS MONTH

May is Mental Health Awareness
Month. Since its inception in 1949,
Mental Health Awareness Month has
been a cornerstone of addressing the
challenges faced by millions of
Americans living with mental health
conditions.

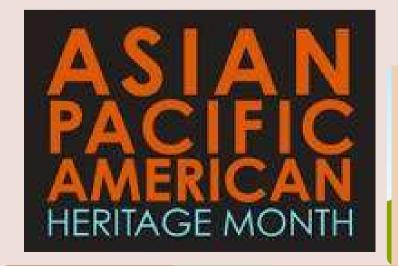
MOTHER'S DAY

Mother's Day holds immense significance as it provides an opportunity to recognise and celebrate the invaluable contributions of mothers to society. Mothers play a pivotal role in shaping the lives of their children, instilling values, providing support, and nurturing growth.



ASIAN/PACIFIC ISLANDER AMERICAN MONTH

The annual celebration honors the many contributions and accomplishments of Asian Americans, Pacific Islander Americans, and Native Hawaiians.





Student of the Month April



YR / Y Y RY Y Y RY / Y R Y / Y R E / Y

OHK

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PHK

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NHL

YR Υ /Υ YR YR R R R

OHL

YR Y/ Y R R Y Y/Y Y Y/ K A VA A

PHL

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PI I

YR YZ Y/ Y Y Y RYY Y/Y RYZ Y/Y Y Y RY Y / Y RYZ Y/Y Y RY/Y/Y

NI HOOI H

YR Y/YZ Y R Y / Y E RY / Y RY / Y RY



PI H

YR Y /Z Y RY / E RY Y /Z Y R / Y RY / E / E RY





SPIRIT WEEK





ZUZU ACROBATS

Acrobatic Arts is a unique blend of dancing and gymnastic disciplines that is taking the dance world by storm.

Students at MS 354 had a great time experiencing this artform.



TEACHER APPRECIATION WEEK





Teacher

You're the heart of every class room The soul of every school. The mind behind the message That learning is cool, Your patience and understanding Cannot be undersold. Your courage and commitment Is that of legends told,

Each day you teach our children Is a day to rejoice,

Because of you our children. Will have their own voice. So Thank You Dear Teacher For passing knowledge Through the years.

You thought you were merely teaching. When you were eliminating fears, Thank You

CELEBRATING TEACHERS

TEACHERS

Thank
You!









