

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Red Rabbit O's Cereal WG Apples 1% & Fat Free Milk	Chocolate Chip Banana Bread WG Pears 1% & Fat Free Milk	WW Mini Bagels Cream Cheese Bananas 1% & Fat Free Milk	Egg and Cheese on a WW Roll Peaches 1% & Fat Free Milk	Strawberry Bread WG Clementines 1% & Fat Free Milk
LUNCH	Arroz con Pollo WG WG Seasoned Rice Mixed Beans Peppers and Onions Watermelon 1% & Fat Free Milk	Macaroni & Cheese WG Carrots Peas Oranges 1% & Fat Free Milk	Chicken Cacciatore Creamy Parmesan Orzo WG Roasted Zucchini Red Peppers Pineapple 1% & Fat Free Milk	Homemade Pizza w/ Mozz Cheese WG Garlic Spinach Roasted Red Peppers Oranges 1% & Fat Free Milk	Mojo Chicken Tacos WW Tortilla Roasted Corn Mixed Peppers and Onions Watermelon 1% & Low Fat Milk
SNACK	Applesauce 1% & Fat Free Milk	Homemade Trail Mix WG 1% & Fat Free Milk	Rice Cakes WG w/ Jam 1% & Fat Free Milk	WW Cinnamon Pita Crisps 1% & Fat Free Milk	WG Crunchy Granola Apples

WG= Whole Grain
 A whole grain is a grain that has not had its nutrient-rich germ and bran removed, and therefore does not need enrichment. These menu items contain at least 50 percent whole grains.